

AFL Hotel and Restaurant Health and Welfare Trust Fund

Eligibility for the Elder/Disabled Care Benefit

The Elder/Disabled Care Benefit helps cover a portion of the cost of care for one qualifying elderly or disabled relative per household.

Eligible Relatives: Include your spouse or domestic partner, a child over the age of 13 years, a parent, a current parent-in-law, or a grandparent.

Eligible Services and Expenses May Include: Counseling and referral services related to care for elderly or disabled relatives. Assistance with locating and arranging:

<ul style="list-style-type: none">● Caregiving services● In-home Support Service● Home-delivered meals● Adult Day Services	<ul style="list-style-type: none">● Translation Services● Medi-Cal enrollment or navigation● Emergency In-home Support Services● Transportation for medical or caregiving needs
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Ineligible Expense: No reimbursement will be provided for care delivered directly by you or your spouse or domestic partner. Prescription drugs that require a doctor's order (prescription) to be legally obtained and used.

Demonstrating Eligibility for Caregiver Assistance Benefit: To qualify for this benefit you must demonstrate that your relative has a serious need for caregiver services. Successful applicants typically submit the following documentation:

- The completed Doctor's Form showing that your relative has a seriously disabling condition and requires assistance with basic daily activities. Qualifying conditions often include restricted mobility, severe dementia, blindness, autism, or being bed-bound.
- Evidence that you are currently paying, or will pay, for caregiver services.
- Proof of your relationship to the relative, such as a copy of a birth certificate, marriage certificate, or domestic partnership certificate. (Example: If the relative is your parent-in-law, submit your marriage certificate and your spouse's birth certificate.)
- A copy of your relative's Social Security Card or other official government-issued identification.
- Proof of your relative's residence, such as a recent Social Security or SSI check, a senior identification card, or a letter from a doctor or insurance company showing your relative's address (Proof must be dated within 90 days of the application date).
- The completed W-4 tax form for tax reporting purposes. The monies that are received are considered taxable income.